

People Week. 6: How to Handle People God's Way



CORE SCRIPTURE

James 1:19-20

19) So then, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath; 20) for the wrath of man does not produce the righteousness of God.

MAIN POINT

"Monitoring your emotional responses is part of following Jesus, not an optional personality trait."

– Casey Treat

People skills shape our spiritual growth and relationships. James 1:19 calls us to be swift to hear, slow to speak, and slow to anger. Monitoring what we hear, say, and feel leads to maturity, stronger relationships, and God-given promotion. Change begins with small, consistent adjustments.

DISCUSSION QUESTIONS

- Where do you struggle with speaking too quickly, and how has it affected your relationships?
- 52 small adjustments can change your life. What small adjustment could you make this week?
- James 1:19 says to be "swift to hear." What does good listening look like in your relationships?
- Many people excuse anger by saying "I can't help it." What helps you take responsibility for your emotional reactions?
- How does believing that "promotion comes from the Lord" change how you respond to difficult work situations?
- Ephesians 4:1–3 calls us to walk worthy with gentleness and patience. How can you practice this in your home or workplace?

Father,

HELP US BE SWIFT TO HEAR, SLOW TO SPEAK,
AND SLOW TO ANGER. SHAPE OUR HEARTS,
WORDS, AND EMOTIONS SO WE REFLECT JESUS
IN EVERY RELATIONSHIP. STRENGTHEN US TO
GROW THROUGH SMALL, FAITHFUL
ADJUSTMENTS. AMEN.

One small adjustment each week can completely
redirect your life over time.